

QUESTIONS TO ASK YOUR DOCTOR

Breast Cancer Surgery

If your treatment plan includes surgery, you may be unsure of what to ask your doctor.

Here are some questions to help start the conversation. More can be found [here](#).

Q: What type of breast cancer surgery do you suggest for me and why?

A: _____

Q: Will I need other treatments before or after surgery?

A: _____

Q: Will some or all of my lymph nodes be removed during surgery? If so, how will this be done?

A: _____

Q: How long will I be in the hospital? Will I need help when I get home?

A: _____

Q: What side effects might I have after surgery (i.e., pain, bruising, scarring, numbness) and how long will they last? Which ones do I need to report to you? When can I get back to my normal routine?

A: _____

Q: Will I have a drain (tube that removes fluid from the breast) in place when I get home? If so, how will I care for it? When will it be removed?

A: _____

Q: What tests will be done on my tumor? How will this help guide my treatment plan?

A: _____

Q: Will part of the tissue removed be saved? If so, where and for how long? How can it be accessed in the future?

A: _____

Q: If I want breast reconstruction, what are my options? When can it be done? Will you refer me to a breast reconstruction specialist?

A: _____

Q: When can I start to treat my scar on my own? Do you recommend ingredients like Arnica, Aloe Vera or Rosa Mosqueta Oil to treat my scar? How can I prepare my skin before surgery?

A: _____

Notes:



For more information, visit komen.org or call Susan G. Komen's Breast Care Helpline at 1-877 GO KOMEN (1-877-465-6636) Monday through Friday, 9 a.m. to 10 p.m. ET, or email at helpline@komen.org. Se habla español.

1-877 GO KOMEN (1-877-465-6636) komen.org